

Appl. No. 10/779,980  
Amdt. Dated March 27, 2006  
Reply to Office Action dated December 27, 2005

**Amendments to the Specification:**

Please replace lines 21 through 30 of page 16 with the following amended lines 21 through 30:

Second end 182 includes base 188 that is connected to shaft 180. Preferably, base 188 is rotatably connected to shaft 180, such as through the use of bearings (not shown), ball joint 210 (FIG. ~~[[13]]~~ 12), or base shaft 211 (FIG. ~~[[14]]~~ 13) disposed perpendicular to base 188 and that extends into shaft cavity 212 in shaft 180, such that base 188 can engage plate 50, however, base 188 will not be rotated during activation of tensioner 170. In other words, base 188 remains stationarily engaged with plate 50 during the rotation of shaft 180 and, thus, the movement of plate ~~[[40]]~~ 50 from the pre-formed shape to each of the at least one elastic shapes. In a preferred embodiment, base shaft 211 includes base shaft flange 214 and cavity 212 of shaft 180 include cavity flange 216 to prevent shaft 180 from easily being disconnected from base 188.